# **WEEKLY BULLETIN**

### **Sterling Public Schools**



### March 30-April 6, 2015

Monday Breakfast: Sausage Gravy over WG Biscuits OR WG Cereal/WG Biscuit, Fruit/Juice, Milk

March 30 Lunch: Salisbury Steak, Mashed Potatoes w/ Gravy, Green Beans, Pears

National Honor Society interviews in the library beginning @ 7AM

TRACK PRACTICE after school

Tuesday Breakfast: Yogurt Parfait OR WG Cereal/WG Muffin, Fruit/Juice, Milk

March 31 Lunch: Chicken Teriyaki, Rice, Peas, Applesauce

RSH - none

Wilber-Clatonia HS Track Invite - 2PM - Bus leaves @ 11:59AM

Wednesday Breakfast: WG Cereal, WG Toast, Fruit/Juice, Milk

**April 1** Lunch: Chicken Noodle Soup, PB&J Sandwich, Romaine Lettuce Salad, Peaches

JH Ouiz Bowl Practice - 7:40AM in the cafeteria

RSH - 2<sup>nd</sup> period

TRACK PRACTICE after school

Thursday Breakfast: WG Waffles, Sausage OR WG Cereal/Sausage, Fruit/Juice, Milk

April 2 Lunch: Roast Turkey, Mashed Potatoes w/ Gravy, Corn, WG Dinner Roll w/ Jelly,

Mandarin Oranges

RSH - none

TRACK PRACTICE after school

Friday NO SCHOOL April 3 GOOD FRIDAY

TRACK PRACTICE - 7:30AM

Monday NO SCHOOL April 6 SPRING BREAK

#### \* USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

- Sterling Easter Egg Hunt will be held on Saturday, April 4<sup>th</sup> @ 10AM in the Sterling Park. Children through 3<sup>rd</sup> grade can come and get their picture taken with the Easter Bunny and find lots of eggs! Everyone wins a prize! This event is sponsored by the Sterling Women of Today.
- Class Dues for grades 7-11 need to be paid ASAP. Please give your \$10 to your class sponsor!
- The Sterling Booster Club is currently raising funds for new bleachers in the gym! Donations are being accepted to go towards the \$20,000 goal. More info located on the back, the school website, and our Facebook page. Thanks for your support!!!
- The Junior Class is selling Fundraiser Cards from Pizza Hut for only \$10!!! Contact Mrs. Koncaba or a Junior to purchase one!!!

  Good in Tecumseh, Beatrice, and NE City!!! More info on back....
- Looking for a fun after school activity for your child? Consider signing up for a 4-H Afterschool Workshop hosted by the University of Nebraska Extension. Check out the school website for more information or pick up registration forms at school.
- Stay up to date with all things JET related by going to the school website <a href="www.sterlingjets.org">www.sterlingjets.org</a> or our Facebook page!!!
- F If you need anything added to the weekly bulletin, contact Renae Kinney rkinney@sterlingpublicschools.com

# Don't you think it's about time for new bleachers in the gym? Well, we do too!

There's a flock of flamingos circling over Sterling looking for the perfect places to land. If you would like to purchase insurance so the flock avoids your yard, visit the school

website <a href="www.sterlingjets.org">www.sterlingjets.org</a> to print off a certificate, and then contact a Sterling Booster Club officer to pay the low premium of only \$10. The insurance is good until the last day of the month it was purchased.

If you choose to not purchase insurance and the flock lands on your yard, there is a small migration fee of \$15. Once paid, the flock will move to the yard of your choice.

Please remember this is all in good fun and we are raising money for a great reason, so please don't hurt our pink feathered friends!

If you have questions or would like to purchase insurance, please contact one of the following Sterling Booster Club members:

Melissa Boldt: 402-560-5002 Artis Fisher: 402-499-7946 Becky McAuliffe: 402-867-4309 Renae Kinney: 402-525-1709

# THANK YOU FOR YOUR SUPPORT! GO JETS!!!

## Schedule of Events Wilber-Clatonia Invite Tuesday, March 31, 2015

1:00 P.M. Scratch/Add Meeting in elementary gym (follow the signs and directions)

FIELD EVENT SCHEDULE

2:00 P.M. Shot: Girls first, followed by Boys

Discus: Boys first, followed by Girls - Ring assigned day of meet

High Jump: Boys followed by Girls Pole Vault: Girls followed by Boys

Triple Jump then Long Jump: Boys – pit assigned day of meet Long Jump then Triple Jump: Girls – pit assigned day of meet

### RUNNING EVENT SCHEDULE (Using Sandy Creek FAT timing system)

3:00 P.M.	3200 Meter Relay	Girls	Finals
	3200 Meter Relay	Boys	Finals
	100 Meter Intermediate Hurdles (33")	Girls	Preliminary
	110 Meter High Hurdles (39")	Boys	Preliminary
	100 Meter Dash	Girls	Preliminary
	100 Meter Dash	Boys	Preliminary
	400 Meter Dash	Girls	Finals
	400 Meter Dash	Boys	Finals
	3200 Meter Run	Girls	Finals
	3200 Meter Run	Boys	Finals
	200 Meter Dash	Girls	Preliminary
	200 Meter Dash	Boys	Preliminary

#### BREAK (time to be announced)

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100 Meter Intermediate Hurdles	Girls	Finals
110 Meter High Hurdles	Boys	Finals
100 Meter Dash	Girls	Finals
100 Meter Dash	Boys	Finals
800 Meter Run	Girls	Finals
800 Meter Run	Boys	Finals
300 Meter Hurdles (30")	Girls	Finals
300 Meter Hurdles (36")	Boys	Finals
200 Meter Dash	Girls	Finals
200 Meter Dash	Boys	Finals
1600 Meter Run	Girls	Finals
1600 Meter Run	Boys	Finals
400 Meter Relay	Girls	Finals
400 Meter Relay	Boys	Finals
1600 Meter Relay	Girls	Finals
1600 Meter Relay	Boys	Finals



FREE Medium 1-Topping Pizza with the purchase of a Large Specialty Pizza at regular	FREE Medium 1-Topping Pizza with the purchase of a Large Specialty Pizza at regular	FREE Single order of Breadsticks or 2-Liter with the purchase of Large Pizza at regular menu price	FREE Single order of Breadsticks or 2-Liter with the purchase of Large Pizza at regular menu price	FREE Medium 1-Topping Pizza with the purchase of a Large Specialty Pizza at regular menu price	FREE Medium 1-Topping Pizza with the purchase of a Large Specialty Pizza at regular menu price
menu price	menu price			Hut	
Hand-Tossed only at Staab	crust. Delivery are	id with any other off as and charges may apany locations. The	fers or discounts. Vi vary. 2-Liter or Buf	alid on Pan, Thin 'N fet substitutions m	Crispy or lay occur. Valid